

NQS Area 5: Relationships with Children Checklist

(Aligned to National Quality Standard – Quality Area 5: Relationships with Children)

Use this checklist to reflect on and strengthen practice within your service. These prompts support continuous improvement, critical reflection, and Assessment and Rating preparation. Educators can complete it individually or as a team.

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Evidence ideas:	Policies, observations, educator reflections, family feedback, environment photos, planning documentation, meeting notes.
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5.1 Relationships between educators and children

Key Element	Reflection Prompts
5.1.1 Positive educator to child interactions	Are interactions warm, responsive, and respectful?

Notes/Actions:

Key Element	Reflection Prompts
5.1.2 Dignity and rights of the child	Are children supported to express ideas and make choices?

Notes/Actions:

5.2 Relationships between children

Key Element	Reflection Prompts/Evidence
5.2.1 Collaborative learning	Are children encouraged to cooperate, negotiate, and solve problems together?

Notes/Actions:

Key Element	Reflection Prompts/Evidence
5.2.2 Self-regulation	Do educators support emotional regulation and positive behaviour guidance?

Notes/Actions:

Team Reflection Summary

Summarise key strengths, challenges, and goals identified from the checklist. Use this to inform your Quality Improvement Plan (QIP).

Strengths:

Challenges:

Next Steps/Actions:
